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# Molecular Pharmacology Of Antidepressive Terrestrial Natural Products (TNPs)

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## Abstract:

Our new approach explored the phytopharmacotherapeutical significance of antidepressive TNPs through theoretical studies based on the antidepressant chemical structures.

**Keywords:** Antidepressive, 5-HT (Serotonin), natural products, pharmacophoric, terrestrial.

## 1.Introduction

Antidepressants have mood altering action. They improve depressive symptoms. The neurotransmitters like dopamine, norepinepherine and serotonin are implicated in the pathogenesis of the depression. They have sites of the action for the antidepressants. <sup>4-6</sup> 5-HT is happy neurohormone and implied in the depressive behavioral syndrome. The serotonergic receptor has prominence of transduction system and two sub-types (5-HT1 and 5-HT2) of this receptor are related to antidepressive action. They are transmembrane domains G-protein linked. The pharmacophores of agonists, partial agonists and antagonists interacting with various 5-HT receptors generated the topographical information. <sup>7-8-9</sup>

Serotonin selective reuptake inhibitors (SSRIS)<sup>8</sup> selectively inhibit presynapic 5-HT uptake by enhancing serotonergic neurotransmission, thus prolonging serotonin duration of the action at the synapses. They have no affinity for muscarinic, histaminergic and adrenergic receptors.

## 2. Theoretical Methodology

The clinical depression is treatable by basic pharmacophoric moieties of antidepressive structures. They are feasible functionalities for binding with the active receptor surface <sup>10-12</sup>. It might provide possible mapping of the receptor surface for TNPs.

The antidepressive pharmacophoric moieties of eight potent TNPs were identified (Table-1). They have steroidal, alkaloidal, flavonoidal and napthodianthronal types of structures.

Sr.	Compounds	Hetero atoms		No. of alkyl	Functionalities	Dose
No.		Number	Nature	groups	of heteroatom	2050
1	Anhyperforin <sup>13-19</sup>	4	Oxygen	11	Ketonic, Alcoholic	1-10 mg/kg i.p.
2	Curcumin <sup>21</sup>	6	Oxygen	2	Phenolic, Ketonic	20-80 mg/kg oral

Sr. No.	Compounds	Hetero atoms	No. of alkyl groups	Functionalities of heteroatom	Dose	100 mg/kg s.c.
4	Hyperforin <sup>13-19</sup>	4	Oxygen	10	Ketonic, Alcoholic	1-10 mg/kg i.p.
5	Luteolin <sup>21</sup>	6	Oxygen	None	Ketonic, Alcoholic	10 mg/kg i.p.
6	Protopanaxadiol <sup>23-</sup> 24	4	Oxygen	8	Alcoholic	0.2 mg/kg caudal vein
7	Santalol <sup>2</sup>	1	Oxygen	3	Alcoholic	25 mg/kg i.p.
8	Withinolides <sup>26</sup>	6	Oxygen	2	Alcoholic, Etheral, Ketonic	12.5-50 mg/kg oral

Table 1: The pharmacophoric moieties of the selected antidepressive TNPs

## 3. Results And Discussion

The role of pharmacophoric moieties was rationalized by looking at the reported data of dose/kg irrespective of mode of administration Anhyperforin and Hyperforin (1-10 mg/kg I.P) and Proyopanoxadiol (0.2 mg/kg caudal) have alkyl group between 8-11 range which may be contributing to their better hydrophobicity for crossing blood brain barrier in an effective manner. Curcumin (20-80 mg/kg orally), Luteolin (10mg/kg), Ginkgolide B (100 mg/kg S.C.) and Withianolides (12.5, 25, 50 mg/kg I.P.) have heteroatoms for H-bonding between 6-10 range therefore their better activity is attributed to extensive binding sites at receptor surface.

Topographical model of 5-HT is made of four binding sites. They are

- Aromatic site
- Hydrophobic site

- Positive ionizable site
- H-bond acceptor site

The majority of TNPs have structural rigidity by the virtue of ring fusions and pi-bonds. The nature of pharmacophore for TNPs has lipophilic sites for accommodating small alkyl groups and H-bond acceptor and donor sites for heteroatoms binding. The protonated nitrogen of TNPs interacts with anionic site through electrostatic or ionic binding.

## 4. Conclusion

The antidepressive receptor surface for TNPs should have binding sites for heteroatoms, hydrophobic groups and cationic groups which exhibited optimal pharmacophoric compliance with topographical surface of happy hormone. At molecular level, antidepressive action of TNPs can be attributed to the proposed topographical script.

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