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Astro-Pathological Perspective of Ayurveda

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Abstract:

Ayurveda is Vedic medicine. Cosmo biologically biological humors – Vata, Pitta and Kapha are influenced by zodiacal signs and planets. Their malefic configurations are precursors of the pathogenesis. Astro – pathology foretells well in advance for the prevention of health hazards.

1. Introduction

Ayurveda is Vedic medicine, based on the concept of the biological humors – VATA, PITTA and KAPHA. They are related to karmic code (just like genetic code) and influence homeostasis of the human body. The planetary periods indicate timing of disease's prognosis and help in diagnosis. The disease reflects negative planetary influences and disruptive force in astral environment. The energies of biological humors are interdependent on the planets. Their negative disposition due to angular conflicts and unfriendliness in concerned houses at the cosmobiological level behave as the precursors of trido has in pathogenesis.

2. Theoretical Methodology

Astro-pathology elucidated the relationship between pathology and astrology. Malefic influences of pathological planets- Saturn, Mars, Rahu, Ketu and Sun impart physiological disorders and signify negative time of poor holistic health. (Table 1 and Table 2)

- Saturn – decays, degeneration, death.
- Mars – Infections, injuries.
- Ketu – inflammations.
- Sun – Loss of physical vitality, movements malfunction of spinal chord.
- Rahu – Dysfunctions of central nervous system

The benefic planets are Jupiter, Venus, Moon and Mercury which are non-pathological. They are afflicted by malefic aspects.

The sixth is health house ruled by Virgo. The planet in this house and sign have effect on health. The sixth, eighth and twelfth are pathological houses.

- 6th – weak or poor digestion and immunity.
- 8th – debilitating disease, congenital disorder, poor vitality.
- 12th – weakness/hospitalizations

Humors	Zodiacal Signs	Planets	Causes of Doshas
VATA	EARTH SIGNS- Taurus, Virgo and Capricorn	Saturn, Rahu and Mercury	Acidity
PITTA	FIRE SIGNS- Aries, Leo and Sagittarius	Sun and Mars	Bile malfunction
KAPHA	WATER SIGNS- Cancer, Scorpio and Pisces	Moon, Jupiter and Venus	Phlegm imbalances

Table 1: Zodiacal signs and planets govern VATA, PITTA and KAPHA

Tridosha involves all the humors = AIR SIGNS- Gemini, Libra and Aquarius. It influences emotional acumen.

Organ of Human Body	Houses	Signs	Humors	Planets
Physical constitution Hair, Central nervous system, Pituitary gland	First	Aries	Pitta	Mars
Facial and Oral organs, Thyroid, Cerebellum Larynx, Trachea, Tonsils Cervical region	Second	Taurus	Vata	Venus
Shoulders, Arms, Hand collar bones, CNS	Third	Gemini	Tridosha	Mercury
Heart, Blood vessels, Chest, Lungs, Breasts	Fourth	Cancer	Kapha	Moon
Digestive system, Diaphragm, Spinal chord	Fifth	Leo	Pitta	Sun
Intestine, Waist, Naval, Kidneys	Sixth	Gemini	Vata	Mercury
Lumber region, Pelvic girdle, Urinary bladder, Sexual organs-ovaries, uterus, cervix, testis and Prostate gland	Seventh	Libra	Tridosha	Venus
Anus, Excretory organs, Scrotum, Penis, Vagina, Pelvic bones	Eighth	Scorpio	Kapha	Mars, Pluto
Thighs, Left Leg, Bone marrow, Hip, Hip joints, Arterial system	Ninth	Sagittarius	Pitta	Jupiter
Knees, Joints and Bones	Tenth	Capricorn	Vata	Saturn
Ankles, Shin bone, right leg, left ear and arm, Shanks	Eleventh	Aquarius	Tridosha	Rahu
Left eye, Lymphatic system, Feet	Twelfth	Pisces	Kapha	Ketu

Table-2: Classification of Organs according to zodiacal signs, planets, humors and houses

2.1. Pathology of Vata Planets

- Saturn: Circulation blockades due to waste accumulations and inert energy substrates. Detoxification threshold promotes longevity.
- Rahu: Degenerative diseases Saturn and Rahu togetherness causes unpredictable serious diseases.
- Mercury: is mutable and airy planet. It certifies the youthfulness, rapid movements and energy flow.

2.2. Pathology of Pitta Planets

- Sun: digestive system becomes weak at absorption and assimilation levels, poor metabolism, declined physical vitality, vision disorders (eyes).
- Mars: male's energy impaired, inflammation, infection, acute pathological conditions recommend surgery
- Ketu: behaves as Mars nervous and mental disorders, coordination or strength of the muscular system is impaired.

2.3. Pathology of Kapha Planets

- Moon: unsatisfactory infancy health, nurturing is defective, emotional strength is weak, negative mercurial energy may cause disturbed psychology, poor formative development and growth.
- Venus: pathologies of luxury, reproductive disorders, specially of females, Overindulgence, dissipation of energy.
- Jupiter: diseases of self-indulgence, bulkiness hinders physical movements, hypersensitivity.

2.4. Pathology of Vata Zodiacal Signs

- Taurus: oral and facial disorders, cervical problems, cerebellum's physiology impaired, weak venous system.
- Vigro: nervous, abdominal, intestinal and renal systems have pathological problems.
- Capricorn: Stress/nervous disorders, joint pains and inflammation, arthritis, vitality loss, skin diseases.

2.5. Pathology of Pitta Zodiacal Signs

- Aries: headaches, fevers insomnia, bilious and blood disorders, mental tensions.
- Leo: cardiovascular and digestive systems ailments, weak digestion, fevers, lack of stamina and will power.
- Sagittarius: Anemia, poor digestion, Jaundice, high fevers, diabetes, disorders of liver and gallbladder, over indulgence in food and drink.

2.6. Pathology of Kapha Zodiacal Signs

- Cancer: unpleasant appearance, mental maladies, physical ailments of breast, chest, and epigastric region, Lymphatic and circulatory congestions.
- Scorpio: piles, fissure, urinary infections, operations.
- Pisces: lungs infections, gout and joint pains, disorders of blood circulation and lymphatic system

2.7. Pathology of Tridosha Zodiacal Signs

- Gemini: tonsillitis teeth problem, lung disorders, respiratory diseases, hypertension, depression, partial paralysis, shoulder pain, stammering etc.
- Libra: skin diseases, diabetes, venereal diseases, renal problems, urination disorder, gout pains, arthritis.
- Aquarius: Colds, infections, fractures of lower legs, Cancerous disorders, wounds rheumatism.

2.8. Pathology of Vata Houses

- Second House: disorders of weak venous system, speech disorders, disorders of throat tonsils, gums, eyes, teeth and cervical.
- Sixth House: Appendicitis, colic constipation, hernia, blood urea, exhaustion, psychiatric disorder, nervous breakdown.
- Tenth House: Arthritis, broken knees, inflammation of joints, weakness in body, skin allergies.

2.9. Pathology of Pitta houses

- First House: sick constitution, mental tension, paralysis, giddiness, dementia, meningitis, scars, erratic endocrine glands, brain fever, nose bleeding.
- Fifth House: diabetes, peptic ulcers, anemia, colic pains, stones in gall bladder, acidity, spinal cord, diarrhea, dyspepsia, pleurisy.
- Ninth House: anemia, leukemia, high fevers, hips and thigh troubles, rheumatism.

2.10. Pathology of Kapha Houses

- Fourth House: coronary disorder, asthma disorders of chest, breast, heart and circulatory system, lunacy
- Eighth House: hydrocele, fissure, impotency, urinary infection, chronic diseases, piles.
- Twelfth House: lymphatic disorders, hypoglycemia, feet troubles, fungal infections.

2.11. Pathology of Tridosha Houses

- Third House: respiratory and thyroid disorders, imbalances of nervous system (Depression) shoulder pain, partial deafness or paralysis, tuberculosis.
- Seventh House: disorders of generative organs, venereal diseases, gout pain, arthritis urination and menstrual problems, renal problems, impotency.
- Eleventh House: poor circulation, skin disorders, weakness in lower legs, nervous system disorders.

2.12. Tridosha Influences Emotional Life of an Individual

- Vata:
 - Negative – fear, anxiety, destabilizing emotions due to malefic Saturn.
 - Positive: creativity adaptability, free movements, due to benefic Mercury.
- Pitta:
 - Negative – anger, animosity, aggressiveness due to malefic Mars, Sun.
 - Positive – courage, daring, personal warmth, creative and protective due to benefic Mars and Sun.
- Kapha:
 - Negative – attachment, greed, is stagnating emotions due to malefic Moon and Venus.
 - Positive – love, faith, loyalty, endurance and support due to benefic Moon and Venus.

3. Discussion and Result

Astromedical methodology has tridosha concept (Vata, Pitta, and Kapha). The cosmobiological effects of planets participate in pathology of various organs Malefic planets. Saturn, Rahu, Mars, Ketu, and Sun cause health hazards due to angular conflicts during planetary sub-periods and transits. Theastromedical diagnosis is exclusively based on horoscopia particular. The full potentials of the planetary combinations are interpreted for the confirmatory opinions.

4. Conclusion

Astrology is signpost of human life, as it has cosmic language and transcendental superiority. Astro Ayurveda offers remedies of traditional wisdom and maturity. It interprets and rationalizes the modes of physiological changes during malefic planetary period for eradicating astropathological afflictions, through astral propitiatory remedies.

Medicine and astrology act as symbiotic co-ordinator for maintaining positivity of holistic health.

Astrological healthiness is a cosmopreventive measure of prospective medicine. The study of birth charts revealed that tridosha carries maximal pathological liability because acid-base imbalances, poor detoxification and rise in inflammation which are manifested with impairment of normal physiology.

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