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## Corporate Governance Reimagined: Integrating Diversity, Accountability and Stakeholder Inclusivity in Ghanaian Boardrooms

**Adelaide Gyabea**

Lecturer, School of Graduate Studies, Valley View University, Ghana

**Peter Agyekum Boateng**

Associate Professor, School of Graduate Studies, Valley View University, Ghana

**Esther Florence Akonor**

Lecturer, School of Graduate Studies, Valley View University, Ghana

**Sheila Adjei**

Lecturer, School of Graduate Studies, Valley View University, Ghana

**Irene Akuamoah-Boateng**

Associate Professor, School of Graduate Studies, Valley View University, Ghana

### **Abstract:**

*This study embarks on a comprehensive exploration of the evolving landscape of corporate governance in Ghana, focusing on the integration of diversity, accountability, and stakeholder inclusivity in boardrooms. The research is grounded in a multifaceted theoretical framework, drawing from Agency, Resource Dependence, and Signaling Theory to dissect the complex dynamics between board composition and firm performance. The study critically examines the impact of board composition, including the balance of inside versus outside directors, board size, role duality, and diversity, on the performance of Ghanaian firms. It highlights the shift from a traditional shareholder-centric model to a more inclusive approach, emphasizing ethical practices and stakeholder engagement. The research identifies unique challenges in the Ghanaian context, such as concentrated ownership patterns, weak legal frameworks, and cultural influences on corporate governance. The findings suggest that a balanced board composition, characterized by independence, expertise, and diversity, significantly enhances both financial and non-financial performance, particularly in SMEs. The study concludes with strategic recommendations for policymakers and firms in Ghana, advocating for robust governance structures that align with global standards while considering local nuances. This research contributes to the discourse on corporate governance in developing economies, offering insights for theoretical advancement and practical implementation.*

**Keywords:** Corporate governance, Ghana, board diversity, stakeholder inclusivity, board composition and firm performance, SME Governance

### **1. Introduction**

The landscape of corporate governance has undergone a transformative journey in recent decades, evolving from a primarily legal and compliance-driven framework to a dynamic and multifaceted discipline. This evolution encompasses ethical practices, stakeholder engagement, and long-term sustainability driven by various factors. The early 2000s were marked by major corporate collapses and accounting scandals, which exposed significant shortcomings in existing governance systems. This period led to heightened investor scrutiny and demands for greater transparency and accountability in corporate governance practices (Witt et al., 2022). The fallout from these scandals underscored the need for more robust governance mechanisms to prevent future corporate failures.

Coupled with the above developments, the traditional shareholder-centric model of corporate governance has also been increasingly challenged. There is now a growing demand for a more inclusive approach that considers the interests of a broader range of stakeholders, including employees, communities, and the environment. This shift reflects a broader societal move towards sustainability and ethical business practices (Aguilera & Crespi-Cladera, 2016; Naeem et al., 2022). Advancements in communication and information technology have arguably revolutionized this new shift in corporate governance. These technologies have facilitated greater transparency, accessibility, and stakeholder engagement within corporate governance structures, allowing for more informed decision-making and increased accountability (Lu & Wang, 2021). The rise of a globalized economy has amplified the need for international standards and coordinated efforts to ensure sound corporate governance practices across borders. This interconnectedness has led to a convergence of governance practices and the adoption of global norms in corporate governance (Pope & Lim, 2020).

Within this dynamic landscape, debates concerning the optimal balance between shareholder primacy and stakeholder consideration, the integration of environmental, social, and governance (ESG) principles, and the impact of technological advancements on boardroom dynamics are of paramount importance. The global corporate governance discourse is increasingly focusing on the relevance of firms' ownership structures and the need for governance models that are adaptable to different cultural and legal contexts (Aguilera et al., 2021; Zheng & Kouwenberg, 2019).

In developing economies like Ghana, the significance of robust corporate governance practices is particularly amplified. Unique challenges in the Ghanaian context necessitate robust governance structures. Concentrated ownership patterns, often characterized by family or state control, can lead to reduced accountability and increased vulnerability to insider manipulation. These ownership structures necessitate governance mechanisms that can balance the interests of controlling shareholders with those of minority shareholders (Idowu, 2020). In many developing economies, the legal infrastructure and enforcement mechanisms for corporate governance are often inadequate. This can hamper the effectiveness of corporate governance regulations and lead to governance challenges (Naeem et al., 2022).

Additional challenges, such as limited access to information and lack of transparency, are common in developing economies. These can disadvantage minority shareholders and hinder effective monitoring of management activities, making robust governance practices even more crucial (Lu & Wang, 2021). Strong social ties and patriarchal norms can influence boardroom dynamics and decision-making processes. These cultural factors can impact the objectivity and independent oversight of corporate boards, necessitating governance structures that can adeptly handle these cultural complexities (Pope & Lim, 2020).

Effective corporate governance in such contexts becomes a critical lever for unlocking the economic potential of nations like Ghana. Strong boards, characterized by independence, expertise, and diversity, can enhance investor confidence, improve transparency and accountability, promote sustainable business practices, and drive innovation and economic growth. Therefore, understanding the nuances of the relationship between board composition and firm performance within the Ghanaian context holds both theoretical and practical significance, contributing to the development of effective governance practices tailored to the specific needs and challenges of developing economies (Aguilera et al., 2021; Zheng & Kouwenberg, 2019).

The study investigated the impact of board composition, including the balance of inside and outside directors, on the performance of Ghanaian firms. It sought to understand how board size and the CEO's dual role as chair influence effectiveness, explored the role of board diversity, and identified unique challenges and opportunities for effective board composition in the Ghanaian context, considering legal, cultural, and economic factors.

## 2. Theoretical Framework

The exploration of the relationship between board composition and firm performance in Ghana necessitates a robust theoretical foundation, which is provided by three key frameworks: Agency Theory, Resource Dependence Theory, and Signaling Theory. Each of these theories offers valuable insights into the intricate nexus of board dynamics and firm outcomes.

### 2.1. Agency Theory

At its core, Agency Theory views the corporation as a web of relationships between principals (shareholders) and agents (management). The central concern lies in the potential conflict of interest between these parties arising from information asymmetry and the potential for self-serving actions by management. Board composition plays a pivotal role in mitigating this conflict and aligning the interests of both parties (Cuervo-Cazurra et al., 2019). Independent directors, as neutral parties unencumbered by management ties, can effectively monitor management actions, preventing opportunistic behavior and protecting shareholder interests. Board expertise in industry, finance, or other key areas equips the board with the knowledge and skills necessary to effectively oversee strategic decisions and evaluate management performance. Monitoring mechanisms, such as efficient board committees and clear communication channels between the board and shareholders, empower the board to exercise its oversight function effectively. Agency theory posits that firms with well-composed boards can achieve improved financial performance, reduced agency costs, and greater shareholder confidence (Naz et al., 2022; Shi et al., 2017).

### 2.2. Resource Dependence Theory

Moving beyond the principal-agent paradigm, Resource Dependence Theory emphasizes the crucial role of external resources in a firm's success. Organizations rely on external actors for critical resources like raw materials, financial capital, technology, and access to markets. The board, through its networks and connections, can play a pivotal role in acquiring these resources (Ng & Khodakarami, 2022). Directors with strong external ties and professional networks can act as conduits, connecting the firm to valuable resources and opportunities. Including directors with diverse backgrounds and expertise expands the firm's access to a wider range of resources and knowledge bases. Interlocking directorates, where directors serve on boards of multiple companies, can facilitate cross-organizational interactions and resource exchanges, benefiting all connected firms. Resource dependence theory suggests that firms with boards actively leveraging their external connections and diversity are more likely to secure vital resources, enhance their competitive advantage, and ultimately achieve superior performance (Boccardelli et al., 2022; Muhammad et al., 2023).

### 2.3. Signaling Theory

Beyond resource acquisition and internal governance, board composition can also send powerful signals to external stakeholders, impacting investor confidence, market valuation, and overall firm legitimacy. Signaling theory

highlights this crucial aspect of board composition. A high proportion of independent directors signals strong corporate governance practices, transparency, and commitment to shareholder interests, leading to increased investor confidence and potentially lower cost of capital. A moderately sized board indicates a balance between efficiency and diversity of perspectives, while excessively large boards might raise concerns about effectiveness and potential entrenchment (Zheng & Ge, 2022). Increasing diversity in terms of gender, ethnicity, and experience sends a signal of inclusivity, social responsibility, and commitment to diverse viewpoints, potentially attracting ethically conscious investors and enhancing brand reputation. Signaling theory emphasizes the powerful communicative function of board composition. Firms with boards composed to send positive signals can benefit from improved market access, lower transaction costs, and a stronger overall competitive position (Bae et al., 2018; Nasir et al., 2022).

#### 2.4. Integration of Theories

It is important to recognize that these theoretical frameworks are not mutually exclusive. In reality, they interact and influence each other, providing a more nuanced understanding of the relationship between board composition and firm performance. Agency theory sets the stage by highlighting the need for conflict mitigation and aligning agent and principal interests. Resource dependence theory builds upon this by emphasizing the crucial role of resource acquisition and board networks. Finally, signaling theory adds another layer by highlighting the importance of external perception and the symbolic message conveyed by board composition. By considering these interlinked theories, we can gain a deeper understanding of the complex dynamics at play and develop a more comprehensive framework for analyzing the impact of board composition on firm performance within the specific context of Ghana (Babely -Labanausk , 2022).

### 3. Board Composition and Firm Performance

Building upon the theoretical foundation established in the previous section, we delve deeper into the specific elements of board composition and their intricate link to firm performance in the Ghanaian context. This exploration examines the nuances of inside versus outside directors, board size and its potential pitfalls, the impact of role duality, and the multifaceted benefits of board diversity.

#### 3.1. Inside vs. Outside Directors

The composition of a board in terms of the proportion of inside and outside directors is a crucial element in its effectiveness and impact on performance. Inside directors possess deep internal knowledge of the company's operations, industry trends, and specific challenges, providing valuable insights and expertise during board discussions and strategic decision-making. However, they may lack the objectivity and critical perspective necessary for effective monitoring of management, leading to potential conflicts of interest and reduced ability to hold management accountable. Outside directors bring independent perspectives and expertise from their external networks and diverse professional backgrounds, serving as objective watchdogs to ensure transparency and fair treatment of shareholders. They may, however, lack detailed knowledge of the company's specific operations and require time to acclimate and understand the internal dynamics, potentially slowing down decision-making processes.

Empirical evidence suggests that a balanced mix of inside and outside directors is generally associated with superior performance. Studies have shown that boards with a higher proportion of independent directors tend to achieve better financial outcomes, such as higher returns on assets and equity (Goel et al., 2022; Ganguli & Guha Deb, 2021). However, the optimal mix can vary depending on factors like the firm's size, industry, and maturity. In the Ghanaian context, where concerns about information asymmetry and insider control are prevalent, prioritizing a significant proportion of independent directors on boards can be crucial for promoting good governance and protecting shareholder interests.

#### 3.2. Board Size and Duality

Board size plays a significant role in board effectiveness. A larger board might bring a wider range of perspectives and expertise but can lead to slower decision-making processes, diminished individual director engagement, and potential coordination challenges. Conversely, a smaller board can enhance efficiency and encourage active participation from each member but may risk limiting the diversity of viewpoints and expertise. The issue of role duality, where the CEO also serves as the board chair, requires careful consideration. Combining these roles can streamline decision-making and ensure the CEO's direct accountability to the board, but it can also raise concerns about conflicts of interest and reduced board oversight. Separating these roles helps maintain board independence and create a more effective monitoring mechanism.

Research suggests that moderate board size, typically between 5 and 12 directors, is generally associated with optimal performance (Hermalin & Weisbach, 1991; Al-Faryan, 2021). In the Ghanaian context, where cultural factors like deference to authority can further amplify the challenges of large boards, focusing on a moderate size and prioritizing independent leadership positions can prove beneficial.

#### 3.3. Board Diversity and Inclusion

Board diversity, encompassing factors like gender, age, ethnicity, and professional background, has emerged as a crucial element of effective corporate governance. It brings several potential benefits to firm performance, such as enhanced creativity and decision-making, strengthened stakeholder engagement, and attracting and retaining talent. Diverse perspectives and experiences can lead to more innovative solutions, improved risk assessment, and more comprehensive strategic planning. A board that reflects the diversity of its stakeholders can foster better understanding

and communication, leading to improved social responsibility and long-term sustainability. A diverse board sends a positive signal of inclusivity and social responsibility, making the company more attractive to talented individuals and promoting a more productive internal culture.

While research on the direct link between board diversity and financial performance is still evolving, the indirect benefits mentioned above can significantly contribute to long-term organizational success (Lestari, 2021; Hossain, 2021). In the Ghanaian context, where addressing gender inequality and promoting inclusivity are critical development goals, fostering diverse boards plays a crucial role in aligning corporate governance with broader social and economic objectives.

#### 4. Empirical Review

Exploring the relationship between board composition and firm performance in Ghana necessitates a critical journey through the existing empirical landscape. This section delves into key studies, highlighting their findings, contradictions, and potential gaps, paving the way for contributions from this study.

Several studies have investigated the impact of board composition on Ghanaian firms, offering valuable insights. Yusheng and Anyigbah (2019) found a positive relationship between independent directors and return on equity (ROE) for listed companies, supporting the agency theory perspective. Amponsah-Tawiah and Appiah (2018) examined board size and performance, suggesting an inverted U-shaped relationship, with moderate board sizes achieving optimal outcomes. Abena Otu-Boateng et al. (2023) analyzed board diversity and firm performance, indicating positive correlations between gender diversity and both ROE and return on assets (ROA). These studies offer valuable groundwork for understanding the Ghanaian context. EmadEldeen et al. (2021) indicate that age and education diversity negatively affect firm performance, while gender and nationality diversity positively impact it. This suggests that diverse perspectives can enhance firm performance, a finding relevant to the Ghanaian context where board diversity is increasingly recognized as important. Similarly, Salim (2023) emphasizes the role of board effectiveness in financial services companies, highlighting the importance of strategic decision-making and risk management.

However, the empirical terrain holds both consistent patterns and intriguing contradictions demanding further exploration. A study on non-financial companies listed on the Ghana Stock Exchange in 2019 revealed that board structure significantly impacts firm performance, echoing the findings of earlier research (Kyereboah-Coleman & Biekpe, 2007; Owusu, 2021). Puni and Anlesinya (2020) further emphasized the importance of corporate governance mechanisms in developing countries, underscoring the relevance of these findings to the Ghanaian context.

Research on board size and performance often yields mixed results, with some studies suggesting a positive impact of larger boards and others advocating for smaller sizes. This ambiguity necessitates further investigation tailored to specific sectors or firm characteristics. Methodological limitations are also evident, as many studies rely on quantitative analysis of financial data, neglecting the influence of social and cultural factors. Incorporating qualitative methods and stakeholder perspectives can provide a more detailed and comprehensive view. Existing research predominantly focuses on listed companies, overlooking the vast landscape of SMEs that drive economic activity in Ghana. Investigating board composition within this understudied segment can offer novel insights (Haider & Hassan, 2013; Sackey et al., 2019).

Building upon the identified gaps and contradictions, the research proposes the following hypothesis: In Ghanaian firms, particularly SMEs, a balanced board composition characterized by a moderate size, a significant majority of independent directors, and increased gender diversity will positively impact both financial and non-financial performance, including social responsibility and employee engagement, by fostering effective governance, resource acquisition, and stakeholder inclusivity. This hypothesis addresses the limitations of existing research by encompassing SMEs, considering non-financial aspects, and emphasizing the combined effect of various board composition elements. Exploring this hypothesis promises to enrich our understanding of the dynamics at play in the Ghanaian context.

#### 5. Discussion and Synthesis

Navigating the complex tapestry of board composition and its impact on firm performance in Ghana necessitates a synthesis of theoretical frameworks, empirical findings, and research hypotheses. This exploration delves into the intricate threads woven together, revealing several key aspects.

The analysis uncovers several key threads in the tapestry of board composition. Theoretical frameworks like agency theory, resource dependence theory, and signaling theory provide valuable lenses to understand how board composition influences performance. A balanced mix of independent directors, moderate size, and diversity aligns with these theoretical perspectives, fostering effective governance, resource acquisition, and positive external signals. Empirical evidence offers both consistent patterns and intriguing contradictions. While some research, such as the study by Yusheng and Anyigbah (2019), confirms the positive impact of independent directors and moderate board size on financial performance, others, like Kyereboah-Coleman & Biekpe (2007), paint a more nuanced picture, suggesting sector-specific variations and the need for non-financial performance measures.

The research hypothesis builds on these insights, positing that balanced board composition, particularly in understudied SMEs, can positively influence both financial and non-financial performance. This emphasizes the importance of considering the combined effect of various elements and venturing beyond traditional financial metrics.

The analysis bridges existing gaps and reconciles contradictions. Addressing size ambiguity and focusing on moderate size, considering sector-specific variations, moves beyond inconclusive findings on board size and performance. Integrating social responsibility and employee engagement into the performance equation paints a more holistic picture, particularly relevant in the Ghanaian context, where these factors are crucial for sustainable development (Owusu, 2021; Puni & Anlesinya, 2020). Investigating board composition within the critical SME sector offers valuable insights into a segment driving economic activity in Ghana (Haider & Hassan, 2013; Sackey et al., 2019).

The findings have significant implications for both policy and practice in Ghana. Policymakers are encouraged to implement regulations and incentives that promote balanced board composition in SMEs, enhancing firm performance. This could include mandating minimum quotas for independent directors and gender diversity, coupled with training programs and support initiatives. Firms should prioritize expertise, independence, and diversity in board recruitment practices. SMEs can benefit from tailored support to identify and attract suitable directors who can contribute to their specific needs and growth strategies.

## 6. Conclusion and Recommendations

The transformative journey of corporate governance, evolving from a legal and compliance-driven framework to a multifaceted discipline, has profound implications for Ghanaian boardrooms. This evolution, driven by heightened investor scepticism, shifting priorities towards stakeholder inclusivity, technological advancements, and global interconnectedness, calls for a reimagined approach to corporate governance in Ghana. As we intricately weave together the threads of board composition and firm performance in the Ghanaian context, it becomes evident that effective boards, meticulously constructed with independence, diversity, and balance, are pivotal in unlocking sustainable success for enterprises and propelling the nation's economic prosperity.

This comprehensive exploration through theoretical frameworks, empirical evidence, and a novel research hypothesis underscores the multifaceted impact of board composition. A balanced board, characterized by a moderate size, a significant proportion of independent directors, and increased gender diversity, can positively influence both financial and non-financial performance. This finding is particularly salient in the sphere of SMEs, where effective governance and stakeholder inclusivity are essential for thriving in a competitive landscape. By considering not only financial metrics but also social responsibility and employee engagement, we provide a more holistic understanding of performance, aligning corporate governance with Ghana's broader development goals. The findings offer valuable insights for both policymakers and firms, setting the stage for concrete actions to enhance board composition and unlock the full potential of Ghanaian businesses.

### 6.1. Recommendations for Policy and Practice

In light of the study's findings, it is clear that actionable steps are needed to bridge the gap between research and real-world application. To this end, we have crafted a set of recommendations tailored for both policymakers and firms aimed at fostering more inclusive and effective governance structures, especially within the realm of small and medium-sized enterprises (SMEs).

For policymakers, the path forward involves crafting and enforcing legal frameworks and regulations. These should mandate minimum quotas for independent directors and ensure a healthy balance of gender diversity on boards. This is particularly crucial for SMEs, where such practices are often overlooked. Beyond legal mandates, there is a pressing need to develop and provide access to training programs and mentorship initiatives. These resources would be invaluable in equipping aspiring directors with the skills and knowledge necessary for impactful board service. Moreover, offering financial incentives and support mechanisms could serve as a catalyst, encouraging firms, especially SMEs, to embrace good governance practices and invest in cultivating boards that are both diverse and effective.

Turning to firms, a critical reassessment of board recruitment practices is in order. This reassessment should focus on prioritizing independence, expertise, and a rich tapestry of perspectives encompassing gender, age, and varied professional backgrounds. It is also essential for firms to implement transparent nomination and selection processes. These processes must be rooted in meritocracy and inclusivity, ensuring a fair and representative selection of directors. Additionally, conducting regular board evaluations is key to maintaining effectiveness. These evaluations can help identify areas needing improvement in both composition and performance. Lastly, fostering a culture of continuous learning and development among board members is imperative. In today's rapidly evolving business landscape, board members must be equipped with the skills and knowledge to navigate complexities and lead with insight and foresight.

### 6.2. Future Research Directions

The research opens doors to further exploration in this dynamic field. Future studies could delve deeper into the specific challenges and opportunities for implementing effective board composition practices in different sectors within the Ghanaian economy. Investigate the impact of cultural factors and social norms on-board dynamics and decision-making processes. Utilize qualitative methods and stakeholder perspectives to gain richer insights into the lived experiences and perceptions of board effectiveness in the Ghanaian context. Analyze the long-term implications of improved board composition on broader societal outcomes, such as job creation, income inequality, and sustainable development. By embarking on these future research endeavors and diligently implementing the recommendations outlined above, Ghana can take decisive steps towards unlocking the full potential of good governance and fostering a thriving and sustainable business environment where corporations contribute not only to economic growth but also to social progress and well-being for all.

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